

NOTTINGHAM NORTHERN SWIMMING CLUB

(Affiliated to ASA East Midlands Region)



Celebrating 100 Years in Swimming

W E L C O M E

32nd JUNIOR OPEN GALA

Dear Swimmers

Nottingham Northern Swimming Club would like to invite you to our annual Junior Open Meet Gala, which will be held on **Sunday June 29th 2008**.

2008 is a very special year for Nottingham Northern Swimming Club, as we will be celebrating our CENTENARY year in swimming, so we do hope you are able to join us this year.

The information enclosed includes;

- An advert for your notice board.
- The full program for morning and afternoon sessions
- Our competition rules
- Single and Block Entry Forms.

Sessions start at 10:00am (9:00am warm up) and 3:00pm (2:00pm warm up)

As always, there will be awards for all finalists in each individual age group (including the 9 Year olds) and trophies for TOP CLUB, TOP BOY and TOP GIRL swimmers.

There will also be our very prestigious OPEN MEET TROPHY called the J TIBBETS CUP, which the winning club will be able to proudly display in their cabinet until the following year.

OFFICIAL EVENT PHOTOGRAPHS

This year we have hired a photography company (DE PHOTO) to take official photographs during the day. These photographs will be available for you to buy there and then, or order online from their website.

(Please note the photographers from DE Photo are fully CRB checked but, if you prefer your child not to be photographed, please inform Nottingham Northern S C on the day or prior to the event)

For more information, please visit their website www.DEphoto.co.uk

For the clubs who have joined us in the past, and for those who are new to our Junior Open Meet, we look forward to receiving your entries and seeing you on the day.

For additional information, please feel free to visit our website and click on the link to Northern Junior Open.

Kind regards

David Anderson
NNSC – Gala and Fixtures Secretary



NOTTINGHAM NORTHERN SWIMMING CLUB
BEECHDALE SWIMMING CENTRE
Beechdale Road, Bilborough
Nottingham, NG8 3LL
www.northernsc.org.uk



Affiliated Club



NOTTINGHAM NORTHERN SWIMMING CLUB



32nd Junior Open Gala

Sunday 29th June 2008

Beechdale Swimming Centre, Nottingham

RULES OF THE COMPETITION

- The competition will be held under ASA law and Technical Rules.
- The gala will be held under the **ONE START RULE**
- Age Groups are based on ages on the DAY OF MEET. (9 Years must be 9 on 29/6/2008)**
- All entrants must be a member of an affiliated club, registered with that club and an amateur as defined by ASA law.
- A competitor may only compete under the name of one club.
- The organising committee reserve the right to restrict entries, either on a basis of qualifying time or number of competitors, should the gala be oversubscribed.
- The organising committee reserve the right to refuse entry and to determine the closing date for entries.
- A swimmer may only enter individual events in his or her age group.
- In all 50 metre events, the six fastest swimmers from the heats will qualify for the final. In the event of a tie for 6th place, a swim-off will take place.
- The top club points scoring system will be as follows:-
1st. - 6 pts., 2nd. - 5 pts., 3rd. - 4 pts., 4th. - 3 pts., 5th. - 2 pts., 6th. - 1 pt. No points will be awarded when disqualification takes place.
- Entry cards must be posted 45 minutes prior to the start of the session. Boxes will be provided in the foyer of the swimming pool for this purpose.
- It is the responsibility of the swimmer to make sure that their correct entry card is posted at the proper time. If a card has not been posted it will be presumed that the swimmer does not wish to compete and he/she will be scratched from the event.
- Competitors should report to the stewards approximately two races before their event. The steward will give them their entry cards to pass on to the lane timekeepers.
- Other than swimmers, no person will be allowed on the poolside without a coaches pass. Passes are not transferable.
- Outdoor shoes should not be worn on the poolside.
- No glass bottles are to be taken into the pool area.
- No food should be consumed on the poolside.
- Litter should be placed in the receptacles provided. Under no circumstances should any litter be deposited in any of the swimming pools.
- The organising committee reserve the right to deal with any misconduct of any kind by a swimmer or coach in a way that they see fit at the time. Persons indulging in misconduct may be asked to leave the pool and be disqualified from the event.
- The organising committee reserve the right to make decisions on anything concerning the meet not covered in the advertised rules.

21. EVENT TIMES

SESSION 1: WARM UP

9:00AM Boys 9/10/11 yrs	9:10 AM Boys 12/13/14 yrs
9:20 AM Girls 9/10/11 yrs	9:30 AM Girls 12/13/14 yrs

MORNING EVENTS START

10:00 AM

CARDS TO BE POSTED BY

9:15AM

SESSION 2: WARM UP

2:00 PM Boys 9/10/11 yrs	2:10 PM Boys 12/13/14 yrs
2:20 PM Girls 9/10/11 yrs	2:30 PM Girls 12/13/14 yrs

AFTERNOON EVENTS START

3:00 PM

CARDS TO BE POSTED BY

2:15 PM

22. ADMISSION and PRICES

Spectator Admission:	Type	All Day Ticket	PM Session
	Adults	£5.00	£3.00
	OAPs	£2.50	£1.50
	Children under 16:	Free	Free
Programme	£2.00		
Results Sheet	50p per session		
Coaches Pass	£10.00 (Includes Programme, Results Sheet and Buffet)		
	MAXIMUM 2 PASSES PER CLUB		



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Sunday 29th June 2008
Beechdale Swimming Centre, Nottingham

PROGRAMME

SESSION 1

9:00 am warm up sessions start. First event starts at 10:00am

No.	GIRLS / BOYS	Event	Age Group	Distance
1	Boys	4x1 Individual Medley	9 to 14	4 x 25m
2	Girls	Backstroke	9 / 10	50m
3	Boys	Backstroke	9 / 10	50m
4	Girls	Breaststroke	11 / 12	50m
5	Boys	Breaststroke	11 / 12	50m
6	Girls	Butterfly	13 / 14	50m
7	Boys	Butterfly	13 / 14	50m
8	Girls	Freestyle	9 / 10	50m
9	Boys	Freestyle	9 / 10	50m
10	Girls	Backstroke	11 / 12	50m
11	Boys	Backstroke	11 / 12	50m
12	Girls	Breaststroke	13 / 14	50m
13	Boys	Breaststroke	13 / 14	50m

Events 14 to 37 – Individual Age Group FINALS

Presentation of Awards

The awards for SESSION 1 will be presented to each
INDIVIDUAL AGE GROUP Finalist



NOTTINGHAM NORTHERN SWIMMING CLUB



32nd Junior Open Gala

Sunday 29th June 2008

Beechdale Swimming Centre, Nottingham

PROGRAMME

SESSION 2

2:00 pm warm up sessions start. First event starts at 3:00pm

No.	GIRLS / BOYS	Event	Age Group	Distance
38	Girls	4x1 Individual Medley	9 to 14	4 x 25m
39	Boys	Butterfly	9 / 10	50m
40	Girls	Butterfly	9 / 10	50m
41	Boys	Freestyle	11 / 12	50m
42	Girls	Freestyle	11 / 12	50m
43	Boys	Backstroke	13 / 14	50m
44	Girls	Backstroke	13 / 14	50m
45	Boys	Breaststroke	9 / 10	50m
46	Girls	Breaststroke	9 / 10	50m
47	Boys	Butterfly	11 / 12	50m
48	Girls	Butterfly	11 / 12	50m
49	Boys	Freestyle	13 / 14	50m
50	Girls	Freestyle	13 / 14	50m

Events 51 to 74 – Individual Age Group FINALS

Presentation of Awards

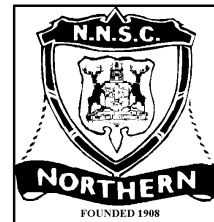
The awards for SESSION 2 will be presented to each
INDIVIDUAL AGE GROUP Finalist

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TOP CLUB TROPHY
TOP BOY & GIRL TROPHY



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 Beechdale Swimming Centre, Nottingham

INDIVIDUAL ENTRY FORM

AGE	According to AGE ON DAY (29/6/2008)
Entry Fee	£3:00 per ENTRY
Coaches Pass	£10:00 per PASS (MAXIMUM 2 PASSES PER CLUB)

****Please submit times for ALL entries****

SWIMMERS FULL NAME: ADDRESS: Tel. Number:	CLUB:
	MALE / FEMALE (Please delete as necessary)
	ASA REG.NO.: (if available)
	DATE OF BIRTH:
	AGE GROUP:

EVENT NUMBER	SESSION NUMBER	STROKE	SUBMITTED TIME (50metres)	COST £3.00 per event
		FREESTYLE		
		BACKSTROKE		
		BREASTSTROKE		
		BUTTERFLY		
		IND.MED. (4x1)		
			Sub total =	
Number of Coaches Passes required (Maximum 2 per CLUB)			@ £10.00 each =	
				TOTAL PAYMENT =

Please send a **SUITABLE STAMPED ADDRESS ENVELOPE, WITH THE CORRECT POSTAGE** for the return of your competitor cards

Cheques should be made payable to **NOTTINGHAM NORTHERN SWIMMING CLUB.**
 Coaches Passes include buffet lunch, programme and result sheet.

CLOSING DATE for ENTRIES

SATURDAY 31st May 2008

Please return entry forms to:-

Joanne Smith
46 Torbay Crescent, Leen Valley
Bestwood, Nottingham
NG5 5HG



(0115) 9197796

Email: jo.smith730@ntlworld.com

BLOCK ENTRY FORM

(Age groups, according to AGE ON DAY - 29/6/2008)

Cost £3.00 per event.

****Please submit times for ALL entries. ****

CLUB:	Contact Name:
ADDRESS:	Tel. Number:

SWIMMERS FULL NAME	Sex (M/F)	ASA REG.NO. (if available)	DATE OF BIRTH	AGE GROUP	EVENT NUMBER	SESSION NUMBER	STROKE	TIME (50m)
							FREESTYLE	
							BACKSTROKE	
							BREASTSTROKE	
							BUTTERFLY	
							IND. MED. (4x1)	
							FREESTYLE	
							BACKSTROKE	
							BREASTSTROKE	
							BUTTERFLY	
							IND. MED. (4x1)	
							FREESTYLE	
							BACKSTROKE	
							BREASTSTROKE	
							BUTTERFLY	
							IND. MED. (4x1)	
							FREESTYLE	
							BACKSTROKE	
							BREASTSTROKE	
							BUTTERFLY	
							IND. MED. (4x1)	

Number of Entries =	@ £3.00 each =	£
Number of Coaches Passes required (Maximum 2 passes per club)	@ £10.00 each =	£
<i>Coaches Passes include buffet lunch, programme and result sheets</i>	TOTAL PAYMENT =	£

Please send a **SUITABLE STAMPED ADDRESS ENVELOPE, WITH THE CORRECT POSTAGE** for the return of your competitor cards
Cheques should be made payable to **NOTTINGHAM NORTHERN SWIMMING CLUB.**

CLOSING DATE for ENTRIES

Saturday 31st May 2008

Please return to:- **Joanne Smith, 46 Torbay Crescent, Leen Valley, Bestwood, Nottingham, NG5 5HG - (Tel: 0115 9197796)**