



The Bramcote Open 2009
Bramcote Swimming Club's 2nd Annual Open Meet
Licensed Level 3 (3EMXXX)

Sunday 29th November 2009, Bramcote Leisure Centre, Nottingham

Rules and Conditions:

1. The 2nd Bramcote Swimming Club Open Meet will be held under ASA Laws and ASA Technical Rules. This Meet is level 3 licensed (**3EMXXX**)
2. The Meet will be held on Sunday 29th November 2009. The venue will be Bramcote Leisure Centre, Derby Road, Nottingham NG9 3GF.
3. The Age Groups are 9, 10, 11, 12, 13 & 14/over. Ages are as on the day of the Meet,.
4. For Girls aged 9 & 10 and Boys aged 9 & 10, individual events are over 50m, all four strokes plus the 200m I.M and 200m Freestyle. For Girls aged 11/over and Boys aged 11/over, individual events are over 100m, all four strokes, with the addition of a 50m freestyle sprint, plus 200m I.M and 200m Freestyle. All events will be Age Group Heat Declared Winners.
5. The pool length is 25m, six lanes. The pool will be equipped with electronic timing and anti-wave lane ropes. Depth at the deep end is 11'6"; depth at the shallow end is 4'6".
6. Heats will be swum with all age groups combined and swimmers seeded by entry times. **Entries must be within (i.e. equal to or faster than) the published consideration times, but slower than the published upper cut-off times for each event.**
7. Overhead starts may be used at the Promoters discretion.
8. Awards and ribbons shall be presented to the first six places in each age group, in each individual event, after taking into account the upper qualifying times.

Swimmers who swim faster than the upper qualifying times will be ineligible for an award but will be presented with a speeding ticket

Awards for Overall Top Boy, Overall Top Girl and Top Visiting Club will also be presented.
Top Boy & Top Girl Awards and Top Visiting Club Awards are calculated as shown

For the 9 and 10 age group the 50m and the 200m events will count towards these awards

For the 11,12,13,and 14& over age groups the 100m and 200m (but NOT the 50m Freestyle) events will count towards these awards.

Points will be awarded to the individual and to the club as follows:-

1 st Place = 6 Points	2 nd Place = 5 Points	3 rd Place = 4 points
4 th Place = 3 Points	5 th Place = 2 Points	6 th Place = 1 Point

9. An award for the Visiting Club with the best team support will also be given.
10. The meet will operate on a first come first served basis. It may be necessary to close some entries to some events prior to the Official Closing Date. **NO POOLSIDE ENTRIES WILL BE ACCEPTED**
11. The entry fee is £4.00 per event. All entries must include the swimmer's ASA Registration Number, date of birth, and a contact telephone number as well as the club name, together with the correct fees – cheques to be made payable to Bramcote Swimming Club. The Club Coach or an Official of the Club must verify entry times. Incomplete entry forms will not be accepted. Individual entries will not be accepted after the closing date of 3rd November 2009.
12. To aid our administration of this event, where there are large club entries, please could the visiting club secretary complete an electronic entry which will be available for download from our website.
13. This meet will be a cardless meet. Details confirming the events entered for all accepted swimmers will be published approximately two weeks before the even on our website www.swim-to-win.com/openmeet.html
14. Refunds for unaccepted entries will be sent to the club after the open meet has finished. No refunds will be made for the withdrawal of accepted entries after the closing date. The Promoter reserves the right to refuse entry without reason.

15. To assist in the smooth running of the meet, and for the best interest of all competitors, if you intend not to compete in an event and it is after the closing date, then help your fellow competitors by e-mailing or texting the Open Meet Co-ordinator at 0780 198 7758 or karen@dancedoctors.co.uk by Mid-day Saturday 28th November 2009. Swimmers wishing to withdraw from an event on the day of the meet **must do so prior to the start of the warm up session in which the event is due to be swum**; otherwise lanes will be left empty during that heat.
16. Entries will be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the meet on application to the Promoters.
17. The Meet will consist of two sessions:-
Session 1 – Warm up 8:30am, start 9:30am
Session 2 – To be confirmed on return of the entries, but will be no later than 2.15pm
Each session may be up to a maximum of 3 ¾ hrs with a total competition time of 7 ½ hrs.
18. Swimmers will be called up to two events prior to their swim and should report to the Competitors Steward immediately. The Stewards will send the swimmers to the starting area.
19. Swimmers must wear appropriate footwear when leaving the poolside.
20. Swimmers & officials MUST NOT sit or climb over the spectator/poolside wall.
21. The Seating Capacity at Bramcote is 340 and there is a large, free car park at the Leisure Centre. There are no in-house catering facilities. However, the availability of on-site outside caterers will be confirmed with return of entries.
22. A coach's pass for the day will cost £10.00 per individual. This will include a programme, free meal between sessions and one full results sheet per club. Please indicate the number of coaches passes required and include the remittance with entry fees. You are reminded that entry to poolside without a pass will not be permitted
23. Spectator entry will be £5.00 for the day (£2.50 for OAPs & children) or £3.00 per session (£1.50 OAPs & children).
24. You are advised not to leave clothing or other articles unattended as neither the Promoter nor the Pool management are able to accept any responsibility for loss or damage. There are coin lockers available for storage of clothing and valuables.
25. By competing in the Meet, you are agreeing to photography taking place. An official photographer shall be in attendance, however, anyone wishing to use cameras, video recorders or camera phones should complete the register at the entry desk. Any concerns about photography should be raised with the meet co-ordinator.
26. A swim shop will be in operation on the day of the meet.
27. If you have any officials within your Club who can help with this meet please contact Karen Oates on 0780 198 7758 or by e-mail to Karen@dancedoctors.co.uk. Food and refreshments will be provided for the officials between sessions.
28. Any conditions not covered by this information will be at the discretion of the Promoter.

Please return all entries to:

Karen Oates Open Meet Co-ordinator

e-mail: Karen@dancedoctors.co.uk

Bramcote Swimming Club

Tel: 0780 198 7758 (please leave a message)

Bramcote Leisure Centre

Derby Road

Nottingham

NG9 3GF

CLOSING DATE: MIDNIGHT 3rd November 2008

Cheques made payable to "Bramcote Swimming Club"