



BRAMCOTE SWIMMING CLUB

1st ANNUAL OPEN MEET

Sunday 30th November 2008, Bramcote Leisure Centre, Nottingham.
NG9 3GF

Order of Events:

MORNING SESSION:

(Warm up: 8.30-8.55am Girls: 8.55am to 9.20am Boys)

1. Girls 9/10 yrs 50m Backstroke
2. Boys 9/10 yrs 50m Butterfly
3. Girls 11/over 100m Breaststroke
4. Boys 11/over 100m Freestyle
5. Girls 9/10 yrs 50m Butterfly
6. Boys 9/10 yrs 50m Backstroke
7. Girls 11/over 100m Freestyle
8. Boys 11/over 100m Breaststroke
9. Girls 9/over 200m Freestyle
10. Boys 9/over 200m Individual Medley

AFTERNOON SESSION:

(Warm up: Start time to be confirmed on return of entries. 25mins Boys then 25mins Girls)

11. Boys 9/10 yrs 50m Breaststroke
12. Girls 9/over 50m Freestyle
13. Boys 11/over 100m Backstroke
14. Girls 11/over 100m Butterfly
15. Boys 9/over 50m Freestyle
16. Girls 9/10 yrs 50m Breaststroke
17. Boys 11/over 100m Butterfly
18. Girls 11/over 100m Backstroke
19. Boys 9/over 200m Freestyle
20. Girls 9/over 200m Individual Medley