



## BRAMCOTE SWIMMING CLUB

### 1<sup>st</sup> ANNUAL OPEN MEET

Licensed Level 3 (3EM8356)

Sunday 30<sup>th</sup> November 2008, Bramcote Leisure Centre, Nottingham

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#### Rules and Conditions:

1. The 1<sup>st</sup> Bramcote Swimming Club Annual Open Meet will be held under ASA Laws and ASA Technical Rules. This Meet is level 3 licensed (**3EM8356**)
2. The Meet will be held on Sunday 30<sup>th</sup> November 2008. The venue will be Bramcote Leisure Centre, Derby Road, Nottingham NG9 3GF.
3. The Age Groups are 9, 10, 11, 12, 13 & 14/over. Ages are as on the day of the Meet, Sunday 30<sup>th</sup> November 2008.
4. For Girls aged 9 & 10 and Boys aged 9 & 10, individual events are over 50m, all four strokes plus the 200m I.M and 200m Freestyle. For Girls aged 11/over and Boys aged 11/over, individual events are over 100m, all four strokes, with the addition of a 50m freestyle sprint, plus 200m I.M and 200m Freestyle. All events will be Age Group Heat Declared Winners.
5. The pool length is 25m, six lanes. The pool will be equipped with electronic timing and anti-wave lane ropes. Depth at the deep end is 11'6"; depth at the shallow end is 4'6".
6. Heats will be swum with all age groups combined and swimmers seeded by entry times. **Entries must be within (i.e. equal to or faster than) the published consideration times, but slower than the published upper cut-off times for each event.**
7. Overhead starts may be used at the Promoters discretion.
8. Awards and ribbons shall be presented to the first six places in each age group, in each individual event.

Awards for Overall Top Boy, Overall Top Girl and Top Visiting Club will also be presented.  
Top Boy & Top Girl Awards and Top Visiting Club Awards are calculated as shown

For the 9 and 10 age group the 50m and the 200m events will count towards these awards

For the 11,12,13,and 14& over age groups the 100m and 200m (but NOT the 50m Freestyle) events will count towards these awards.

Points will be awarded to the individual and to the club as follows:-

1 <sup>st</sup> Place = 6 Points	2 <sup>nd</sup> Place = 5 Points	3 <sup>rd</sup> Place = 4 points
4 <sup>th</sup> Place = 3 Points	5 <sup>th</sup> Place = 2 Points	6 <sup>th</sup> Place = 1 Point

9. An award for the Visiting Club with the best team support will also be given.
10. If the Meet is over-subscribed, the Promoters reserve the right to reject entries across all age groups at their discretion. The meet will operate on a first come first served basis.
11. The entry fee is £4.00 per event. All entries must be made on the official form (photocopies accepted) and must include the swimmer's ASA Registration Number together with the correct fees – cheques payable to Bramcote Swimming Club. The Club Coach or an Official of the Club must verify entry times. Incomplete entry forms will not be accepted. Individual entries will not be accepted after the closing date of 4<sup>th</sup> November 2008. Also, "On the Day" entries will not be accepted.
12. To aid our administration of this event, where there are large club entries, please could the visiting club secretary complete a disc entry (contact the Open Meet co-ordinator for discs).
13. This meet will be a card-less meet.
14. Details confirming the events entered for all accepted swimmers will be sent out approximately two weeks before the event. These details will also be posted on our official open meet website [www.bramcoteopen.org.uk](http://www.bramcoteopen.org.uk)
15. Refunds for unaccepted entries will be sent to the club after the open meet has finished. No refunds will be made for the withdrawal of accepted entries after the closing date. The Promoter reserves the right to refuse entry without reason.

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16. To assist in the smooth running of the meet, and for the best interest of all competitors, if you intend not to compete in an event and it is after the closing date, then help your fellow competitors by completing the withdrawal form available from our website ([www.bramcoteopen.org.uk](http://www.bramcoteopen.org.uk)) and returning to the Open Meet Co-ordinator at [karen@dancedoctors.co.uk](mailto:karen@dancedoctors.co.uk) by Midnight Thursday 27<sup>th</sup> November 2008 (or by post to the address on the bottom of the form). Swimmers wishing to withdraw from an event on the day of the meet **must do so prior to the start of the warm up session in which the event is due to be swum**; otherwise lanes will be left empty during that heat.
17. Entries will be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the meet on application to the Promoters.
18. The Meet will consist of two sessions:-  
**Session 1 – Warm up 8:30am, start 9:30am**  
**Session 2 – To be confirmed on return of the entries**
19. Swimmers will be called up to two events prior to their swim and should report to the Competitors Steward immediately. The Stewards will send the swimmers to the starting area.
20. Swimmers must wear appropriate footwear when leaving the poolside.
21. Swimmers & officials MUST NOT sit or climb over the spectator/poolside wall.
22. The Seating Capacity at Bramcote is 340 and there is a large, free car park at the Leisure Centre. There are no in-house catering facilities. However, the availability of on-site outside caterers will be confirmed with return of entries.
23. A coach's pass for the day will cost £10.00 per individual. This will include a programme, free meal between sessions and one full results sheet per club. Please indicate the number of coaches passes required and include the remittance with entry fees. You are reminded that entry to poolside without a pass will not be permitted
24. Spectator entry will be £5.00 for the day (£2.50 for OAPs & children) or £3.00 per session (£1.50 OAPs & children).
25. You are advised not to leave clothing or other articles unattended as neither the Promoter nor the Pool management are able to accept any responsibility for loss or damage. There are coin lockers available for storage of clothing and valuables.
26. By competing in the Meet, you are agreeing to photography taking place. An official photographer shall be in attendance, however, anyone wishing to use cameras, video recorders or camera phones should complete the register at the entry desk. Any concerns about photography should be raised with the meet co-ordinator.
27. If you have any officials within your Club who can help with this meet please contact Karen Oates on 0780 198 7758 or by e-mail to [Karen@dancedoctors.co.uk](mailto:Karen@dancedoctors.co.uk). Food and refreshments will be provided for the officials between sessions.
28. Any conditions not covered by this information will be at the discretion of the Promoter.

### **Please return all entries to:**

Karen Oates Open Meet Co-ordinator

e-mail: [Karen@dancedoctors.co.uk](mailto:Karen@dancedoctors.co.uk)

Bramcote Swimming Club

Tel: 0780 198 7758 (please leave a message)

Bramcote Leisure Centre

Derby Road

Nottingham

NG9 3GF

**CLOSING DATE: MIDNIGHT 4<sup>th</sup> November 2008**

**Cheques made payable to "Bramcote Swimming Club"**